



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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MAIN
HOT MEAL

Margherita pizza	MEAT FREE Organic Turkey Lasagne	HENDEN Farm assured Chicken burger in brioche bun	Organic Beef meaty Mac & Cheese	Sustainably caught MSC Battered fish
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MAIN
VEGETARIAN

Roasted pepper & tomato pizza	Vegetable bolognaise	Veggie Burger with tomato & vegan cheese in brioche bun	Potato & courgette layer bake	Quorn dippers
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FAST TRACK

NEW Tandoori vegetable wrap	Red pepper, beetroot & cheese Quiche	Veggie Ragu	Sustainably caught (MSC) tuna pasta bake	Jacket potato with beans & crunchy coleslaw
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SPUD / PASTA

Pasta in tomato sauce Potatoes with skins	Spaghetti Half a jacket potato	Stringy fries Half a jacket potato	Garlic bread Polenta Chips	NEW Chips Half a jacket potato
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ON THE SIDE

Sweetcorn Homemade slaw Salad bar	Green beans Turmeric roasted Cauliflower Salad bar	Shred-Slaw Fresh carrots Salad bar	Medley of seasonal vegetable Salad bar	Peas & Mushy peas Baked beans Salad bar
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HOUSE BAKE

Pineapple upside-down with custard sauce	Plant based coconut & jam slice with plant based pouring cream	Cinnamon & date cake with custard sauce	Moist vegan carrot cake with vanilla frosting	ice cream with Fruity flapjack bites
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Sustainably sourced

STAY hydrated fresh water Always available

All cooked daily

Balanced diet

Seasonal

Fresh fruit & Yoghurt

DID YOU KNOW?

We recognise all food preferences in our menus and always have a Halal and allergen free options

Our eggs a free range & organic from Chippindale in Yorkshire



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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MAIN HOT MEAL

Farm assured chicken korma	Quorn balls in a homemade tomato sauce	MEAT FREE Farmed assured Chicken with seasoning & gravy	Farmed assured beef burger in brioche bun with sliced cheese	Sustainably caught MSC cod goujons with tomato sauce
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MAIN VEG MEAL

Spinach & chick pea masala	Macaroni Cheese	Quorn roast with seasoning & gravy	Home made bean burgers in brioche bun	Squash & Spring green hash
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FAST TRACK

Chicken or plant based Tacos with mango salsa Future farm	Quorn balls in a homemade tomato sauce sub rolls	Coconut chicken with Mango & chilli salsa	Farm assured Lamb kofta or plant based falafel	Sustainably caught (MSC) Tandoori Salmon wrap
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SPUD / PASTA BAR

Fluffy Rice Half jacket potato	Organic Wholemeal & white pasta Half jacket potato	Roast potatoes Organic pasta	Herby jacket wedges Jewelled couscous	Chips Half jacket potato
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ON THE SIDE

Cauliflower & Broccoli Salad bar	Sweetcorn cobs Green beans Salad bar	Peas & sweetcorn Roasted carrots Salad bar	Roasted vegetable medley Salad bar	Peas & mushy peas Baked beans Salad bar
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HOUSE BAKE

Dutch apple pie with custard	Cherry whip with shortbread	Ginger syrup sponge with custard	Vegan Banana bread	Chocolate cornflake cakes
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Sustainably sourced

STAY hydrated fresh water Always available

All cooked daily

Balanced diet

Seasonal

Fresh fruit & Yoghurt

DID YOU KNOW?

95% of our dishes are home made and freshly cooked in our kitchen by our well-trained enthusiastic staff



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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MAIN HOT MEAL

Chicken Stir Fry with rice noodles	Farm assured beef with Yorkshire pudding & Gravy	Farmed assured butchers Chicken sausages	Gluten free Chai MEAT FREE vegan nuggets	Sustainably caught MSC Battered fish
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MAIN VEGETARIAN

Quorn stir fry with rice noodles	Jacket potato with vegetable bolognaise	Plant based Quorn sausage with sauté onion gravy	Plant based mushroom & vegetable fricassee	NEW Quorn fish-less fingers
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FAST TRACK

NEW Organic Pasta with avocado, pea & basil pots	Red pepper & cheese pie	Vegan Pasties Future Farm	Mexican bean burrito	Sustainable Tuna mayonnaise jacket potato
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POTATO / PASTA BAR

Savoury Rice Prawn crackers	Roast potatoes Half a jacket potato	Creamy mash potato Organic Penne	Herby jacket wedges Jewelled couscous	Chips Half a jacket potato
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ON THE SIDE

Sweetcorn peas Salad bar	Green beans Cauliflower Salad bar	Broccoli Fresh carrots Salad bar	Apple slaw Sauté leeks Salad bar	Peas Baked beans Salad bar
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DESSERTS

Oaty apple crumble with custard	Chocolate & beetroot brownie	Sticky toffee pudding with plant based pouring cream	Lemon Drizzle cake	Vanilla ice cream with fresh fruit pots
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Sustainably sourced

STAY hydrated fresh water Always available

All cooked daily

Balanced diet

Seasonal

Fresh fruit & Yoghurt

DID YOU KNOW?

All of the potatoes we use on our menus and in our dishes are organic as are some of the vegetables

Being seasonal allows us to contribute to our sustainable goals