



AROUND THE PALACE

Rainbow of Hope



Saanvi in Reception has enjoyed making a Rainbow of Hope picture for the residents of Whitgift Care homes.

Dear all,



After the difficult nature of the past few weeks, I hope that all Old Palace families are managing to get some sort of break over the Easter period. These extraordinary times are allowing us all time to both think and reflect and I found this Bulletin very much supported this.

Please do take time to read the Easter message from Fr Andrew, the message from Laura Nike our Head of Prep and the very moving poem from Zara in Year 7. It is also providing time for us to try new things and be more creative than usual and this is also reflected in the articles this week with some wonderful things going on across the whole school community.

Best wishes

Jane Burton, Head

We want to hear from you

Send your contributions/photographs for the bulletin to Mrs Berry:
nberry@oldpalace.croydon.sch.uk

Easter Message from Mrs Nike



As the end of my first half term at Old Palace draws to an end, I would like to say thank you to staff, parents and children for all your support. It has been a challenging time to start a new role, but I have been overwhelmed by everyone's kindness and willingness to go the extra mile.

I am immensely proud of the girls for keeping on going and for having an optimistic outlook in the face of adversity. I have particularly enjoyed reading some of the letters that the girls have written to the care home residents and have marvelled at the artwork that the Reception and Year One girls have produced - some real masterpieces!

Easter is a hopeful time of year. New life is emerging all around us. Daffodils have bloomed, birds are tweeting and the sun is beaming through the window. I'm once again reminded of the joy that life offers. So this Easter, despite being in our homes, I would encourage you to look up, to look out and be grateful for our world and all its beauty. Gratitude is contagious and by being thankful you can positively impact those around you.



Decorate an Easter Egg

Just for fun: House Competition

Mrs Wallis has devised a fun **Easter Egg Competition** which can be done as part of Prep's Easter Holiday activities.

Ideas include: use a real egg and see what you can turn it into, make a collage or a paper mâché egg or simply draw an egg and colour it in.

Here are a few ideas...

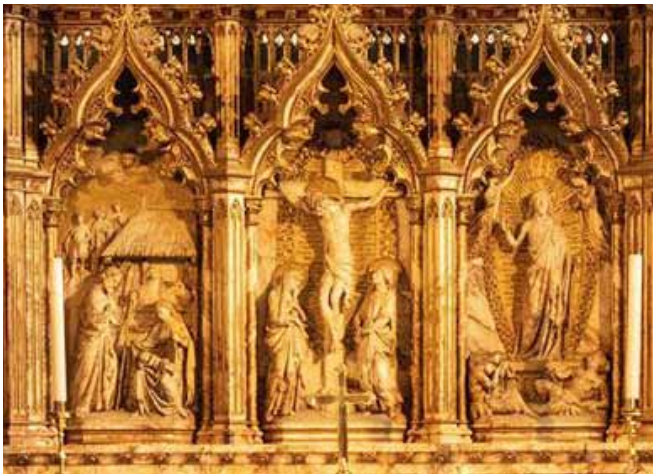


Then ask a grown up to take a photo and email it to:
Mrs Berry, Marketing Manager at:
nberry@oldpalace.croydon.sch.uk
with your name, class and house.

Winners will be announced in the bulletin after Easter.

Have an egg-tastic time!

An Easter Message From Father Andrew



We are all having to get used to new ways of doing things: schools, churches, places of work, places of leisure, places of worship. For Old Palace that meant that our Easter Service was live streamed on YouTube, which was unimaginable a couple weeks ago; but it was so good to be connected with you all in that way.

Human beings are endlessly creative and the best sort of education fosters that creativity and ability to respond to new situations and challenges. I have seen that in staff and students at Old Palace; and it is a great tribute to the school.

The message of Easter, with the resurrection of Jesus Christ at its heart, is one of a way of life that is unimaginable initially, but one that draws the best out of human beings, so that they can thrive, flourish and be alive to the gifts of God. I pray blessed Easter for you all.

Fr Andrew

Creative Maths

Here are some lovely photos of Eliana in Transition, who is making a spring flower number line craft!



French Easter Card and Bunny Mask

Alice in Reception has been very busy making a French Easter card and bunny mask.



LAMDA Results EXTRA

Apologies to our recent LAMDA candidates, some of whose results were missed out from last week's bulletin. Here they are now:

LAMDA Level 3 Certificate in Communication

Sophia	Speaking in Public	Grade 6 - Bronze Medal	Distinction
Emily	Speaking in Public	Grade 6 - Bronze Medal	Distinction
Adebolarinwa	Speaking in Public	Grade 8 - Gold Medal	Distinction
Amanda	Speaking in Public	Grade 8 - Gold Medal	Distinction
Varsha	Speaking in Public	Grade 8 - Gold Medal	Distinction
Shreya	Speaking in Public	Grade 8 - Gold Medal	Distinction

Whitgift Care Home Artwork - Reception

Alice: *'I've made a fancy picture to make them happy'*



Alice



Alexandra



Elena



Rhiannon



Libby



Isabella

Whitgift Care Home - Thank You Letters

Dear Children,

Thank you so much for all your letters. We are pleased that you are thinking of us at this difficult time. We enjoyed reading all about you, your families, your hobbies and what you are doing. Sorry to hear that your play is being postponed.

I am keeping occupied with my hobbies, lots of sewing and reading. Although we can't go out we can ring people up and at least we can be sure of finding everyone at home.

Thank you for your good wishes and hope it will not be too long before we are back to normal.

Best wishes to you all

Margaret Wild

Dear Children

Thank you so much for your lovely letters, drawings and good wishes.

We really enjoyed reading them, it was a lovely surprise!

We are all well and being looked after. We have our lunch brought to our flats, which are lovely. Now the sun is shining we can go for a walk around the grounds.

The spring flowers are so pretty and the leaves are coming out on the trees.

I have lived in Croydon since I was a little girl it has changed so much. I like the nature programmes on the television. We always had cats, kittens and a dog called Bill.

I used to go to watch Crystal Palace football. It is a strange time, but it will get better soon and we can see you all again.

Lots of love

Pat xx

Whitgift Care Home A Poem

A Poem to Make your Day

Hello, my name is Rakshana
My age is eleven
And my favourite fruit is a melon
I go to a secondary school called
Old Palace,
A place you shall visit!

I like to have a peach,
When I go to the beach.
I wish you could come with me,
So that we can admire the sea.
I would like to know your name,
So that we can play a game!

I have a sister called Reshmi,
who really likes to scare me.
Reshmi is in year two,
And her favourite colour is blue!

I would love to meet you,
So that we can go to Peru,
Wait, we won't be able to go to
Peru,
So we will go feed pandas
bamboo!

All of plans will be set for next
year,
But please do not fear,
As I will always be here!

Rakshana, Year 7



New Croydon 1963

This fascinating short film charts the rise of the 'new Croydon' in 1963. It includes coverage of the Minster and, towards the end, some interesting scenes of pupils outside Old Palace. Note the infamous brown uniform!

www.player.bfi.org.uk/free/film/watch-the-new-croydon-1963-online

World Health Day: 7th April 2020



In Learning for Life, we supported World Health Day 2020 and in particular the theme of nurses and midwives.

The World Health Organisation chose the year 2020 as the **Year of the Nurse and Midwife** because of the contribution from nurses and midwives in making the world a healthier place. *"Nurses are the unsung heroes of the Covid-19 response".*

Window Rainbow Challenge



In support of positive mental health, and during this period of social distancing, we are asking all our students to connect with each other by creating colourful rainbows and putting them in their windows for others to see.

Get creative: colour, paint or collage your own window rainbow at home. People will smile when they see it!

We would love to see all your lovely creations, so please email them to Mrs Stark on:
ssstark@oldpalace.croydon.sch.uk

Year 2 - A Taste of the Caribbean

On Monday, 30th March, Year 2 had planned to have a day learning about Trinidad & Tobago, as part of our Humanities 'Islands' topic. Even though we were all at home, it still went ahead. Here is a taster of the fabulous masks they made. More to follow after Easter.





Whilst the school is closed, we will be wishing happy birthday each week to students whose birthday falls during this time.

April

Taliyah	Year 10	5th
Lorelei	Year 13	6th
Mahnoor	Year 7	6th
Myra	Transition	6th
Jahniya	Year 11	7th
Kulsoom	Year 9	7th
Abigail	Year 9	9th
Jai	Transition	9th
Saskia	Year 9	9th
Zara	Year 7	9th
Sorrel	Year 13	10th
Hui Yan	Year 12	11th
Joode	Year 11	12th
Kara	Year 8	12th
Katherine	Pre School	12th
Khushi	Year 12	12th
Maya	Year 11	12th
Mia	Year 8	12th
Anja-Malaika	Year 8	13th
Harinika	Year 7	13th
Ellie-Louise	Year 7	14th
Saffiyah	Year 9	14th
Alessio	Toddler	16th
Mia	Year 7	16th
Aleena	Transition	17th
Catherine	Year 5	17th
Tori-Marie	Year 7	17th
Yasmin	Year 13	17th
Arian	Year 13	18th
Charlotte	Year 9	18th
Florence	Toddler	18th
Isabella	Year 7	18th

Keyworker Child Care



GCSE PE



GCSE PE students have been practicing their muscle and bone knowledge. Various members of the family were asked to be models and some even managed to find their own 'Mr Bones'!

Pre School Expressive Art & Design



Katherine in Pre School has made a fantastic dinosaur egg for her Expressive Art & Design homework. She's also practiced 'give, take and share' at her teddy bear's picnic on the trampoline.

Year 7 Poem

The Year 7 students had to write a statement of belief or a poem for Religious Studies.

People should help,
People should share,
People should compromise,
And people should care.

People should listen,
People should respect,
People should be kind,
And never neglect.

If we all stick together,
And work as a team,
The world will be better,
Then we ever could dream.

Zara, Year 7

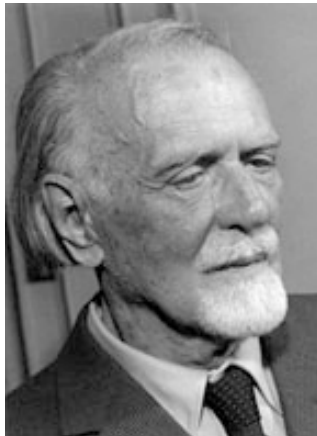
Learning to Ride



Here is a photo of Lydia and Harriet (Year 4 and Year 1).

They have both been enjoying time with their bikes in the garden and Harriet has learnt to ride her bike without stabilisers for the first time. She's feeling very proud!

Music Workshop



"Music should belong to everyone..."

Zoltán Kodály, Hungarian composer and pedagogue (1882 – 1967)

Our Workshop Programme for Music Award holders is now in its fourth year and earlier this month the girls were treated to a highly interactive, kinaesthetic and collaborative class presented by alumnae member, Miss Cyrilla Rowsell.

The girls enjoyed first-hand the creativity and expressiveness that Kodály Musicianship focuses on through the medium of singing. Instrumentalists can easily become overwhelmed by technique and theory - Kodály Musicianship opened our music scholars' ears in a fresh and immensely enjoyable way!



Cyrella is one of the most sought-after practitioners of Kodály Musicianship and methodology in the UK teaching all over the country including weekly at Junior Guildhall as part of the String Training Programme. In this class she introduced the concept of 'relative solfa' which, to the uninitiated, is a system of musical notation where each degree of the scale is given a name using a single syllable and open vowel. (If you have ever seen *The Sound of Music* you will already know those words!). Participants discovered intervals, patterns and characteristics within the different pentatonic scales and gained an understanding in how solfa, with its open vowel sounds, facilitates accurate intonation.

Miss Orr, Mrs Parry-Dickinson and Miss (Henrietta) Rowsell (who runs all our workshops as part of her Freeing the Musician Within business) also joined in and a jolly good time was had by all.

"The Kodály workshop was fantastic fun and I thoroughly enjoyed it. As I was not trained in Kodály when little I found it quite tricky to remember everything from the last Kodály workshop three years ago, but with excellent guidance from the two Miss Rowsells, I picked it up very easily.

We are so lucky to have such highly trained musicians come in to lead sessions such as this. This particular class has been hugely beneficial to me in my studies of French orchestral music, where everything is marked in solfa"

Constanza, Year 11

Dear Old Palace Nursery

We hope you are all happy and finding things to do
We miss you all, it's been so quiet, it's not what we're used to
We hope you're all behaving, good listening and good sharing
Keeping toys all tidy, your mums and dads are not despairing

Now mums and dads don't worry, it's now your time to shine
Having children under four is not only an excuse for wine!
It's time to let your hair down, join in with the fun
You're going on a journey, and we'll help you get it done

Keep a sense of humour it will help to get you through
And a magic wand is useful if the chaos gets to you
A timer and a sticker chart will help the peace and quiet
A box of snacks, the Numberjacks will calm a full on riot

And remember that you're dealing with a very tricky client
Build rapport through empathy and they will be compliant
Show your understanding when your home's in disarray
Plan tidy-up time, it's going to be the highlight of your day!

To help you out we have a plan to keep them occupied
The VLE and Learning plans will help you in your stride
Some Yoga and some Makaton, some stories and a craft
It all helps with your mindfulness and doesn't need much graft

Come on now, you know you like to get creative too...
An Easter card, a play dough bug, a chance to make and do
If not then get outside and look at nature or just run
They don't care what you do, learning... is just fun!!

So now you know our secret it is all about delight
If they like mud then bring it on, create a building site!!
If they like cars, its ramps and roads, dolls then beds and baths,
Dinosaurs or animals its enclosures and paths

Keep the interests rolling, follow how they learn
Before too long it will be a breeze and no cause for concern
So, don't be glum it will be fun, even in isolation
You can succeed, you will overcome, without need for medication!

Well praise and cheers from all of us here at OP, we're on your side

We know it's tough, you're in the rough, that we can confide
A glug of wine sometimes helps or chocolate, a G & T?
Some cake, a film, a dance, a bath, make some time for 'me'

Bye for now, good luck, keep safe and healthy everyone
Before too long you will be back, with skills second to none!!
Keep in touch we miss your chat, and don't want to be cursory
Without you we wouldn't be the best - Old Palace Nursery!
(Groan!!!)

Mrs Anderson

Home Science

This is a photograph of Ellie in Year 4 doing some Home Science.

The girls have been exploring pitch in sound. In this experiment, the girls altered the level of water in containers and tapped the containers with a utensil to see how the quantity of water affected the pitch.



PE Grid

Some more lovely leotard designs from the PE grid of work; this time from Ellie, Year 4.



Year 3 Pyramid



Annabelle made her pyramid in Art and DT. She glued cardboard together, painted the base and decorated with pieces of Lego.

A reminder that there is no Bulletin next week but we will be back with lots of news on **Friday, 24 April**



Hot Cross Buns

Our Registrar, Mrs Parris, has been baking hot cross buns. Here is her recipe courtesy of Mary Berry.

500g strong white flour, plus extra for dusting

75g caster sugar

2 tsp mixed spice powder

1 tsp ground cinnamon

1 lemon, finely grated zest only

10g salt

10g fast-action dried yeast

40g butter

300ml/10fl oz milk

1 free-range egg, beaten

250g dried mixed fruit

oil, for greasing

Put the flour, sugar, spices and lemon zest into a large bowl and mix together. Then add the salt and yeast, placing them on opposite sides of the bowl.

Melt the butter in a pan and warm the milk in a separate pan. Add the butter and half the tepid milk to the dry ingredients. Add the egg and use your hands to bring the mixture together, incorporating the flour from the edges of the bowl as you go. Gradually add



the remaining milk, to form a soft pliable dough (you may not need all of the milk).

Tip the dough out on to a lightly floured work surface. Knead by hand incorporating the dried fruit mix into the dough. Lightly knead for 10 minutes until silky and elastic and forming a smooth ball. The kneading can also be done in a food mixer with a dough hook.

Oil a bowl and place the dough in a bowl, cover with cling film and leave to rest in a warm place for about 1½ hours or until doubled in size.

Turn the dough out on to a floured surface and divide into 12 balls. Line 1-2 baking trays with paper and place the balls on the tray, placing them fairly close together and flattening them slightly.

Slip each baking tray into a large clean polythene bag, making sure the bag doesn't touch the buns. Leave for 40-60 minutes until the buns have doubled in size.

Preheat the oven to 220C/200C Fan/ Gas 7.

For the topping, add the flour to a bowl with 100ml/3½fl oz water. Mix together to make a paste and spoon into the icing bag.

When the buns have risen remove the polythene bags and pipe a cross on each bun. Bake for 15-20 minutes until pale golden-brown, turning the baking trays round halfway through if necessary.

Melt the golden syrup in a pan and while the buns are still warm, brush the buns with a little syrup to give a nice shine, before setting aside to cool on a wire rack.

