



AROUND THE PALACE

Alice In Wonderland And Through The Looking Glass



Last week, the Chapel was transformed into a world of magic and madness.

Continued on next page

Welcome



Congratulations to our Year 3 and 4 athletes who have excelled and achieved an array of gold medals with the Year 4 team in 1st place overall.

We're delighted also to congratulate our Year 5 cricket participants in the CSSP Kwik Cricket Festival.

At seniors we are proud of Nuwaylah in Year 7 on her Jack Petchey Award in Sea Cadets. Swimming, Cricket and Sailing have also featured at seniors this week and so do enjoy reading about these activities.

I hope that all students and families enjoy a peaceful half term break with plenty of rest and recuperation.

Carol Jewell, Head

Alice In Wonderland And Through The Looking Glass *continued*

Students in Years 6-9 performed Adrian Mitchell's adaptation of Lewis Carroll's beloved classic. The production was as imaginative as the text. Audiences were awed by the students' crisp use of physical theatre and magical moments, such as the entrance of the monstrous Jabberwocky. They were also treated to delightfully mad performances by students.

These young students impressed audience members with their ability to develop creative characters and their exceptional professionalism. Rebecca (Year 7), gave a polished performance as Alice and mastered the nuances of her character.

As Alice travelled through Wonderland and the Looking Glass world, she was met by all sorts of mad characters. Kayla (Year 8) developed a unique interpretation of the White Rabbit and her haughty portrayal was very comedic. A highlight of the production was the Mad Hatter's tea party.

Audiences enjoyed the performances of the three guests immensely. Lila (Year 6) was adorable as the sleepy

Dormouse and her witty portrayal of the role led to a very sophisticated performance. Rhian and Sumaiya (Year 7) were hilarious as the Hare and Hatter and showed great skill in their ability to create funny characters who were seriously unhinged.

As the journey continued, audiences met the Queen of Hearts (Zayna, Year 7), whose performance was both funny and frightening. Megan (Year 8) and Tianna (Year 9) also entertained audiences with their impressive double act as Tweedledum and Tweedledee. Other standout performances included: Amelia (Year 8), Kiyah, Phoebe and Anaika (Year 7). These actors played ensemble roles such as the birds Alice encounters in the Caucus Race, with confidence and humour.

The production was especially impressive as all the actors played at least two characters. It was enjoyable to see students play multiple characters with skill and sophistication.

Finally, the costumes were designed by Emily (Year 9). Emily worked extremely hard on this production, as both

an Assistant Director and Costume Designer. Her costume designs were influenced by the work of artist Mary Blair, who assisted in the design of the Disney film.

Emily's concept was to create abstract designs for all the characters on white t-shirts, so when an actor became another character, they wore a different t-shirt. When actors were playing ensemble roles, such as the oysters and the rabbit hole, they wore white t-shirts. This concept was executed brilliantly with the help of Mrs Osborne and the costume construction team (Year 9). Emily's costume design concept was sophisticated and added a touch of fashionable chic to the production.

Old Palace's production of *Alice in Wonderland and Through the Looking Glass* was magical and fantastic. The production featured creative staging and costume design and high quality performances.

Well done to all!







Year 10 Sports Leaders Report

Year 10 Sports Leaders went to umpire a tennis final for Year 3 and 4 from Croydon schools.

They had to use skills they have learned in their Sports Leader lessons to ensure they displayed confidence and assertiveness but also encouragement as, although it was the final, there was a range of abilities.

Overall, it was an enjoyable afternoon with no mishaps. The Sports Leaders were able to execute the skills they learned in class successfully.



Year 3 and 4 Athletics Competition

Finishing the week on a high!

Year 3 and 4 competed throughout the afternoon in various events and shone on both the track and field.

All girls worked extremely hard in what has been a very hard week. Special mention to the following girls for their outstanding performances:

Year 3

1st	Ellie	600m
3rd	Lola	200m
3rd	Niamh	75m

Year 4

1st	Marly	75m
1st	Lina	200m
3rd	Kara	200m
1st	Marly	High Jump 1.05m
3rd	Arisa	High Jump 95cm

1st	Relay	Ava, Sarah, Kara, Lina, Marly, Arisa
-----	-------	---

Overall Year 4 team 1st place - huge congratulations on your gold medals

Mrs Coster was super proud of such a great achievement from some of our youngest competitors in the school.



Year 5 Kwik Cricket Festival



Ten girls from Year 5 were lucky enough to be involved with the CSSP Kwik Cricket Festival on Monday afternoon at Addiscombe Cricket Club.

All the girls thoroughly enjoyed the afternoon and Mrs Bhatt commented on how much the girls' game play improved over the course of the matches.

Well done to all the girls who participated and to Mrs Bhatt for acting as umpire for the afternoon.

The Jack Petchey Award



I was nominated for the Jack Petchey award in Sea Cadets. I was nominated because of how much I have contributed and how many trips I have been on with Sea Cadets. When I was nominated, they said to me that I have £250 pounds to improve Sea Cadets.

When they gave me the certificate, I was also given a letter from Jack Petchey telling me that he is elated to see that I was awarded this. I feel really proud that I have been recognised by a very important person.

Nuwaylah, Year 7

Congratulations Mrs Bhatt

Congratulations to... Mrs Bhatt who completed a God in the Gita course and achieved Upper Second Class grade.



Chemistry Says Farewell To The 'Class Of 2019'

Last Friday, the Chemistry department said a fond farewell to the "Class of 2019". The students were given personalised student planners and 'elemental' cupcakes as a thank-you for all the hard work they have put in over the last two years.

We wish them all the very best of luck in their forthcoming exams.



Dance Workshop Week

Last week, the Year 10 Dance Leaders ran a week full of different dance workshops, offered to Year 6-10 students. The sessions incorporated a variety of styles such as, Musical Theatre, Ballet, Tap, Contemporary, Street Jazz and Choreography. Both the Year 10's and younger students found this a rewarding and challenging experience.

Here are some comments from the Year 10 Dance Leaders:

"We taught Year 6 a dance that incorporated their own ideas. We chose to explore the style of Musical Theatre, using a song from 'Annie.' We very much enjoyed working with Year 6 and were amazed by their various abilities."

Maria, Riya, Alexandra and Praveena

"We very much enjoyed teaching the Ballet workshop, which was a new style we ourselves had to brush up on before teaching. We had a small class of mixed abilities which proved challenging as we had to adapt our lesson plan on a few occasions."

Constanza, Pavi and Maya

"It was a very useful experience as we both enjoyed teaching our own work. The Tap workshop was a huge success and we could tell many enjoyed the workshop as everyone was so engaged and enthusiastic!"

Irvana and Emily

"The focus of our session was to enhance the students' choreography skills. It was very inspiring seeing two groups of mixed abilities and ages create such innovative and interesting pieces of choreography. It was a very enjoyable experience and we would love to do it again. Thank you to those who participated!"

Abisha, Idara and Beth

"It was a fun experience where we were able to work with many new students from different year groups and it was exciting to teach our own choreography."

Aminah, Garima, Emily and Irvana

"Last week we taught Year 6 and 7 Contemporary to enhance their choreography skills. We wanted to help them build their technique and overall confidence. Overall, we had an amazing time and really enjoyed ourselves!"



Dance Workshop Week *continued*



Year 6 Arts Award Explore Performance

On Wednesday 8th of May Year 6 performed some of our class work that we have been busy creating for the last few months. We were put into groups and were asked to select a sound track from a musical. Our group decided to pick a song from *The Greatest Showman!*

We performed to the whole year group (in groups of 3 or 4!) as well as our year leaders Mrs Evangelini, Miss McCabe and Ms Khan. We were also given the option to bring in costumes. We had a range of costumes being shown on the day, varying in lots of colours. One group even brought in pyjamas as they were playing the children in *Matilda!*

Overall, I had a lot of fun creating our Musical choreography and I would love to do it again sometime in the future!

London, Year 6



Year 9 and 10 Rounders v Coloma

As we are in the transition from rounders to cricket we have not played very much rounders so far. Consequently, Year 9 and 10 were eager to play in a match against Coloma last week.

The Year 9 girls demonstrated some good moments of fielding and batting (by Amy and Mia in particular). Coloma won the match but it was good for the players to have the chance to compete. Well done!

The Year 10 rounder's game was an extremely exciting match as the girls did some great batting and scored a number of rounders. The final two batters managed to score a rounder each at the end of the innings.

Treynelle did an amazing job of hitting the last ball particularly far! The Old Palace Team lost the match by a close margin but played well and enjoyed the opportunity of playing.



Cricket Training Year 7 v Year 8

As we are new to cricket, we had a training match on the Prep Field on Tuesday (and again on Thursday). It was a good opportunity for the players to play a competitive pairs match and grasp the way a pairs match works.

It also highlighted the need for us to practise our bowling, although that will come with time. There were some good hits going over the boundary for 4 runs and one 6 – so we definitely have some batting potential.

It has been really good to see the enthusiasm for cricket grow throughout the term and we look forward to seeing great progress in this area.



Years 3, 4 and 5 Go Wild in Carrot Wood

On the weekend of 10th to 12th of May twenty girls from Year 3, 4 and 5 went on the annual Little Wig weekend to Carrot Wood.

We arrived after school and we were very excited to see each other and for the weekend away. We went to our rooms, made our beds and, once our parents had left, we had dinner which was spaghetti bolognese followed by jelly and ice cream. It was the best dinner ever!

After that, we rushed to put our pyjamas on and get our teddy bears. It was film time and Princess Diaries 2. Halfway through the film we had delicious hot chocolate. Then it was bed. It was fun to sleep in a room with our best friends. The beds were soft and comfortable. It was so hard to go to sleep though as there was lots to talk about! Eventually we all fell asleep.

On Saturday morning we went swimming and started our series of talks and craft activities on God's promises to us. We made a very special white stuffed felt cloud with rainbow ribbons hanging down. Some of us even managed to embroider the words 'God's promises' on it.

Nikhita especially enjoyed Saturday, 'Saturday was my birthday. Mrs Frost, Mrs Bhatt and Mrs Wallis surprised me by giving me a present and a birthday cake. We played pass the parcel and everyone had to come dressed up as something beginning with N! Everybody had such a clever ideas but as I was the birthday girl, I got to choose the winner. I had a lovely day!'



Years 3, 4 and 5 Go Wild in Carrotty Wood *continued*

On Saturday afternoon we played '40, 40, home' in the woods. One of us stood by a tree counting to forty while the rest of us hid. Then we all had to run to the tree where they were without being seen and shout '40, 40 home!'

In the evening after another excellent dinner of roast chicken and chocolate cake, it was time for the talent show. We had all practised hard for this and we were looking forward to it. There was a great variety of acts which we enjoyed. The act which made us laugh the most was 'Guess the teacher'. The teachers couldn't believe how well we impersonated them!



Years 3, 4 and 5 Go Wild in Carrot Wood *continued*

The weekend ended on Sunday with low ropes. The last part was particularly good because we had to cross a very muddy swamp on swinging tyres. Mrs Frost was climbing up on the bank to help us when she slipped and fell in the mud. Meanwhile, Isabel slipped on a tyre and sat in the squelching mud, as did Sariah. None of us minded the mud, in fact it made it more fun!

We had a lovely weekend at Carrot Wood and none of us wanted to go home. We were tired though and had lots to tell our parents.

Year 5J





Sports Leader Level 2



Congratulations to Hosanna (11) who attended the Active Girls Coaching Camp in Loughborough in April. Hosanna learned a lot from the experience and plans to take her coaching experience further.

Year 9 Relay Trophy Winners

Year 9 Winning Relay Team - Amy, Lilia, India and Mia.



Namaste

The Hindi Club members from Years 3 and 5 have spent some time making the Hindi dance for the whole school to watch in an assembly. Riya and I spent time choreographing the dance to the song we had chosen. Over time we just went with the flow of the music and made sure the movements matched words.

When it came to the day of the performance everyone was excited to perform the piece we had been working on and perfecting. Isobel helped us work the music. After the dance a few people said some words in Hindi and we had finished the dance. We couldn't have done it without Mrs Bhatt.

Amber and Riya, Year 5J



Free carer awareness talks for Carers Week



Carers Week (10-16 June 2019) is the annual campaign to raise awareness of unpaid caring in our communities.

Did you know... over 33,000 unpaid carers look after a friend, relative or neighbour due to illness, disability or old age in Croydon?

Why support carers?

Carers work tirelessly to look after friends and relatives who need support due to illness, disability or old age.

Yet many carers are at breaking point. 72% face poor mental health and 61% face poor physical health.

1 in 9 employees will have a caring role. By identifying and supporting carers in your workplace, you can retain skilled workers and improve employee wellbeing.

How the Carers Support Centre can help

We are offering free talks to organisations about our free carer support service and how we can work together to support carers.

We also provide free resources, including a carers' information pack, leaflets and posters.

The one stop shop for carers in Croydon

Based opposite George Street tram stop, the Carers Support Centre offers free information, advice and support to carers. We are run by the Carers Information Service, part of The Whitgift Foundation, and supported by Croydon Council.



Want us to help you help carers? Call Amy on 020 8649 6288 or email amydeakin@carersinfo.org.uk for details.

Carers Information Service, Carers Support Centre, 24 George Street, Croydon CR0 1PB

Call: 020 8649 9339 (option 1)

Email: info@carersinfo.org.uk

Web: www.carersinfo.org.uk

Facebook: [facebook.com/informingcarers](https://www.facebook.com/informingcarers)

Twitter: [@informingcarers](https://twitter.com/informingcarers)

Part of The Whitgift Foundation Registered charity 312612



CROYDON | Delivering for Croydon
www.croydon.gov.uk



Sailing Report

On the 15th of May, 12 girls went to their fourth lesson of sailing. It was windy and perfect for sailing. We put the boats together in pairs. It was fun and scary, especially when the wind was strong. My partner and I almost fell in twice. We also learnt how to make quick sharp turns. Janice, one of our instructors, demonstrated a capsized, as next week we will hopefully get to capsized. Luckily no one fell into the lake!



Cricket v Sydenham

On Monday, Year 6 (supported by a handful of Year 7), played in a friendly training style pairs cricket match against Sydenham. It was their first opportunity to play a full match and they learned a great deal from the experience.

We split the girls into two teams. In the match that Mrs Smith umpired, the players learned about 4s and 6s and about making decisions on whether

to throw the ball at the stumps or to hold onto it to prevent over-throws. Rebecca scored two 6s and at least one 4. The other team players played well and most managed to score some runs in the 2 overs that they faced as a pair.

In the other match it was reported that Tahalia and Shazia scored 27 runs off their 2 overs. Four catches were taken by the Old Palace team (leading to a loss of 5 runs each in pairs cricket).

In this first match, Old Palace did not score as many runs as Sydenham, but the scores were positive and heading in the right direction. Playing matches is a great experience and all players enjoyed their step into the world of cricket.

Please help your daughter grasp the concept of cricket by watching highlights or a T20 match!



Year 12 University Talk

'Earlier in the week, Year 12 were visited by a speaker from Cardiff University who talked to us about how to choose the right university and course. She also informed us about how to write our personal statement, which was extremely useful, as after our AS exams, we will be beginning the UCAS process, and writing the first draft of our personal statements.'

Arian

'The talk was helpful and extremely informative. We would surely use the tips given by the guest speaker. She emphasised the importance of making extensive research on universities in order to make informed decisions on our firm and insurance choices. Furthermore, the clip she showed us about personal statements helped

me realise the importance of them as it emphasised the fact that this is my one opportunity to display my unique selling points.'

Gabriella and Alice

'We were taught that we should carefully consider the course, city and the career of your choice when looking at different universities as a prospective student. I was astonished by the sheer number of courses available (around 9,000) across hundreds of universities, and the talk really helped me broaden my horizons'

Emily

'Before applying to any university we also learned the importance of visiting the university and its surroundings whether that be campus or city. This

will be useful as it will give you an understanding of how comfortable you would feel in that environment. University open days are also useful as they give you an opportunity to attend lectures and gain further insight into the subject course.'

Safiya

'In our talk yesterday, we were also informed about the various societies available at university, such as sports and music societies. These enable you to keep up with interests or hobbies. Furthermore they open up a variety of opportunities both socially and academically. We also learnt about year abroad opportunities. These allow you to experience new cultures which could contribute to your learning.'

Nia

Swim100 Spirit

Year 7 girls have this year adopted a beautiful little guide dog puppy named Spirit.

Pennies and pounds have been filling House collection jars for the very worthy Guide Dog Charity. This past week has been a fun filled extravaganza at the Swimming Pool. The special Swim100 Challenge for Guide Dogs event during lessons this week involved performing a 100 of a chosen activity in the swimming pool. Many girls chose to swim 100 metres, while others performed 100 forward tumbles, 100

back layouts and 100 handstands. Some girls swam through submerged hoops 100 times and some even did 100 jumps into the pool. Those girls forgot they would also have to climb out 100 times too. Very tiring!

The classes pictured are triumphant 7D and 7E, exhausted but very proud of their efforts. Thank you for your generosity in giving to Guide Dogs. Mrs Fowler keeps the Year 7 girls updated on how Spirit's training is progressing. Well done everyone!

