

AROUND THE PALACE

Alternative Fashion Show



Having created our outfits as part of our Art coursework, we finally came to the day where we got to showcase them not only to our friends and family but also for our Art coursework unit. We started the day off preparing our models and making sure that our pieces could be presented in the way in which we had intended them to be. We used makeup and accessories to complete our looks. Mrs Broad led us in rehearsals, where we choreographed our movements and learnt to walk on the catwalk. Before we had lunch, we were all photographed and videoed by AS and A level photography students.

The experience would not have been possible without the determination and hard work put in by Mrs Broad, Mrs Evangeli and Mrs Feeney. It taught us perseverance and confidence, and was overall a really fun day.

Mariam and Phoebe, Year 12

Welcome

Congratulations to our young public speakers in the second round of the Youth Speaks Competition! Sumaiya, Caitlin and Albertina gave an excellent presentation with Sumaiya being awarded Best Speaker, Caitlin being commended for her vote of thanks, while Albertina chaired the proceedings with great confidence.

We also congratulate our Sixth Form Chemists, Shannon, Megan and Itohan on their participation in the Royal Society of Chemistry's School Analyst Competition at Queen Mary University, London.

Thank you to our Year 6 parents as students, parents and staff all enjoyed an excellent evening discussing Year 6 student progress at the Parent Consultation on Tuesday.

I would also like to thank Madame Poirier for organising a super trip to Les Misérables for our students. More details inside our bulletin!

Carol Just

Carol Jewell, Head







Bouncing Update



The week before half term the girls bounced the following:

Reception	1,920
Year 1	1,820
Year 2	2,560
Year 3	7,243
Year 4	17,186
Year 5	4,945

Total number of jumps for the whole school 35,675.

What a fantastic achievement. Well done everyone.

The following girls jumped over 1,000 jumps individually over the week:

Sarah	4 J
Andrea	4 J
Marly	4 J
Kara	4 J
Lara	4J

Well done.

We will update you on the amount of money raised for The children's Trust next week.



Learning 4 Life: Finance

During our L4L lesson we were given the opportunity to learn about student finance through a variety of activities. After watching videos of people's experiences with fraud and scamming at university, we were split into groups where each group was given a typical monthly income. We were then given different universities and their associated accommodation costs and asked to budget the rest of the money for a month. Costs of basic breakfast, lunch and dinner options were provided as well as different evening and weekend activities. We were shocked by the accumulation of costs (especially if you wanted to eat out every day) and as such we had to rethink what our view of what items were necessities and what were luxuries.

The lesson also brought to light how the cost of living in London is so much higher than elsewhere, and therefore it became even more important to think through how money was spent. After paying for all necessities, some of the groups were left with less than £5 at the end of the month.

The end of the lesson was a quiz on different ways to save and borrow money. We discussed the pros and cons of borrowing and the importance of saving for unexpected events. Apart from the session being really engaging, I found it helped open our eyes to the importance of keeping an eye on how we use our student loans, and the need to avoid the temptation of 'Living our best lives-everyday.'

Tara

Year 12 Royal Society of Chemistry Competition

During the half term break, Megan, Itohan and I took part in the Royal Society of Chemistry's Schools Analyst competition, where we had the opportunity to work in an undergraduate laboratory at Queen Mary University, London.

On the day we were given a booklet of tasks and information, including techniques and apparatus we had never come across before, and were told we had four hours to complete the series of experiments and analyse our results. As a team we had to plan how we were going to share the tasks between us and manage our time as efficiently as possible. I particularly enjoyed getting the chance to carry out infra-red spectroscopy as it was something I had only read about before. We had to pick up the new concepts quickly and apply our analytical skills to identify the unknown organic compounds.

Overall, it was a very enjoyable and valuable experience; even though we didn't win, we learnt a lot about working together in a time-pressured environment, and got a taste of what university life would be like as a chemistry undergraduate.

Shannon, Year 12



Preparatory School Breakfast

Friday **15th March**



We would like to invite Preparatory School families to a light breakfast on Friday 15th March between 7.30am and 8.15am in the Assembly Hall, to meet Mrs Jane Burton, the new Head of Old Palace, from September 2019.

Year 7 Hockey v Sydenham High

Year 7 played their first 11-a side hockey match this week against Sydenham High. They got off to a strong start, demonstrating some great passing around the pitch and appreciating how physically demanding a full pitch match can be.

There was some effective 2v1s creating dynamic play as well as some successful block stick tackles. The players began to see how much better the game flows when they spread out and play using the width of the pitch.

Krystal did some lovely runs up and down the wing, creating space for the team, and was able to look up and pass the ball to her team mates. The final score was 1-1.

Overall some great attacking and defending play by the players and lots of determination and perseverance.

House Gymnastics

On Friday 15th February, girls from Years 6 and 7 came together to represent their house in a House Gymnastics Competition. Each student was awarded points for successfully completing a routine and their points were combined with the rest of their house.

Hatton was the winning house, with six representatives managing to score over 150 points. In addition, the highest individual score belonged to Manasi who managed to gain an impressive 32 points.

Each student who performed should be very proud of their achievement. It was lovely to see how many supporters came along to watch and they also all received a house point.

Olivia, Year 11









Thursday 14th March 5:30-7:30pm



In Year 10, Year 11 or Year 12? Starting to think about your future after leaving Old Palace at 18?

Join us for our biennial Higher Education Fair to learn about what opportunities are available before and after gaining a degree.

Meet with a variety of people with experience of university and graduate careers including:

University of Sheffield

University of Glasgow

Queen Mary University of London

Surrey University

Regent's University London

University of the Creative Arts - Savannah

College of Art & Design

University of Exeter

University of Warwick

Lancaster University

University of Southampton

University of East Anglia

Global Education with 16 International

universities

University Life in US universities

Graduate careers in:

- Oil & Gas industry Engineering
- International Banking
- Biosciences
- Earth Science degrees

Attend talks on Student Finance, Applying to competitive Universities, studying in the UK and abroad, Creative courses, Graduate careers and more...



U15 Netball v Bromley High

The U15 Netball Squad travelled to Bromley High for a friendly fixture, playing a squad system whereby everyone got some match play time.

Bromley High provided strong competition and had particularly slick movements into their shooting circle. The Old Palace team worked on implementing the skills learned and practiced in training – mainly changing direction and not following the ball. This was a good opportunity to practice and it was implemented throughout the match in phases.

The third quarter was our best quarter; a draw! Bromley did finish as the winning team, but the U15s persevered and worked hard.

Alice worked hard at C and Misghana was named Player of the Match by the opposition.

London Mozart Players Workshop and Concert

On Tuesday 12th February, the A Level and AS Level music students were treated to workshops run by the London Mozart Players, who came to play our own compositions that we write as part of our A Level qualification. Each student had a halfhour time slot in which the professional musicians played and discussed our compositions, and gave useful suggestions to potentially improve the pieces ahead of sending a final version off to the exam board for marking.

Despite writing for both piano and flute (which I happen to play), it was interesting to see the professionals' impressions of my piece with fresh eyes whilst they played it. They were able to see things that we as composers may not have noticed, having got used to our own pieces. For example, one thing that the professionals felt would help elevate my piece was to use performance directions, like appassionato (passionately) or con fuoco (with fire!), as this would give feeling and intent to my writing, and help the players perform with the intended emotion.

Later that evening, we watched the London Mozart Players perform everyone's compositions in a short concert; it was beautiful and inspiring to hear everyone's hard work coming to life, as well as interesting to hear what/ who the students' were influenced by in the process of composing.





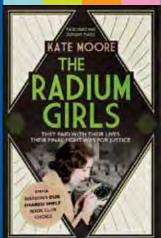
Seeing and working with the LMP was both an insightful and wonderful opportunity. We would like to thank the performers for coming in to work with us and the Music Department



for organising such an unforgettable experience for all the students involved.

Carol, Year 12







World Book Week

Monday 4th – Friday 8th March

Monday 4th March

Author Kate Moore 'The Radium Girls'

Talk and book signing. Years 7 to 13.

The Banqueting Hall 12:45 – 1:30pm 70 spaces

 Voting begins in registration for our Favourite Fictional Females

Tuesday 5th March

Escape! The Guard Room!

House teams of four. Fastest teams to crack the Dewey clues to unlock and 'escape' win House points

The Guard Room 12:45 – 1:15pm

Wednesday 6th March

Women In The Frame: Discovering history through

research with Glass Plate Negatives

Abby Matthews, Head Archivist at Sutton Libraries and Project Manager of Past On Glass.

St Pauls

12:45 – 1:30pm 40 spaces

Sign-up sheet at St Pauls

Thursday 7th March

Escape! The Guard Room!

House teams of four. Fastest teams to crack the Dewey clues to unlock and 'escape' win House points

The Guard Room 12

12:45 – 1:15pm

World Book Day Vouchers distributed through registers

(Voting for our Favourite Fictional Females ends)

Friday 8th March *International Women's Day*Second-Hand Library Book Sale

Raising money for World Book Day charity, BookAid International (charity number 313869)

Shah Foyer 12:40 – 1:30pm

Results of our Favourite Fictional Female announced

Reception Maths Workshop

Reception parents were invited to come in and find out about teaching and learning Mathematics in Reception. Everyone had fun working together to solve shape problems.





CSP Badminton Festival





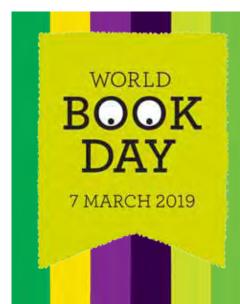
Students from Year 6 had the opportunity to take part in a CSP Badminton Festival held at South Croydon Badminton Club. The festival involved students working their way around a number of skills stations to develop their badminton skills.

The girls worked in different teams with other schools from around Croydon. They had a great time and asked when they could do it again!

A selection of students from Year 9 were asked to help lead the event. After some training from Miss Rodwell on the various stations, the Year 9 leaders were then responsible for running a station and developing their communication, organisation and motivational skills! They were excellent role models and the younger students listened to their instructions and advice. This is great training for those who might choose to take the Sports Leaders course in Year 10.

The staff at CSP were very impressed with the way they managed the students and were encouraging and motivating throughout.





World Book Week at Preparatory





Thursday 28 February Rachael Phillips NSPCC 'Speak Out, Stay Safe'

NSPCC 'Speak Out. Stay Safe'
Our sponsored event to raise funds for the
NSPCC will be a Readathon during World
Book Week.





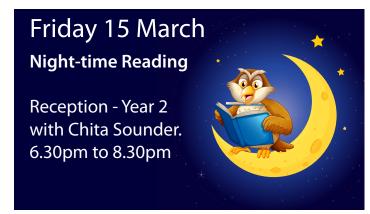
Thursday 7 March

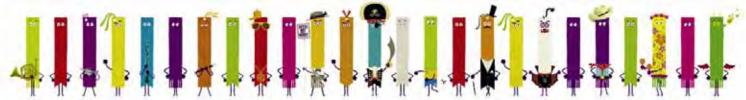
Jane Ray - Author and illustrator Workshop with Reception - Year 5

Readathon

Drop Everything and Read sessions







Les Misérables





Last Wednesday, French students from Years 11 to 13 went to see the acclaimed musical Les Misérables (an adaptation of Victor Hugo's 1845 novel), at the Queen's Theatre, London.

This was a great opportunity to experience a part of French culture, learn more about French literature and see a renowned West End musical all at once, and I would like to thank Madame Poirier for putting this trip together, and Miss Lenny for accompanying us.

This trip is one of the many opportunities offered in the Sixth Form to discover more about the subjects we have learnt in the

classroom, enabling us to build up a wider and more holistic knowledge not only of the applications of our subjects, but also general culture. This is vital when competing for university places, and preparing for the more involved experiences ahead of us at university, during further study or in the world of work.





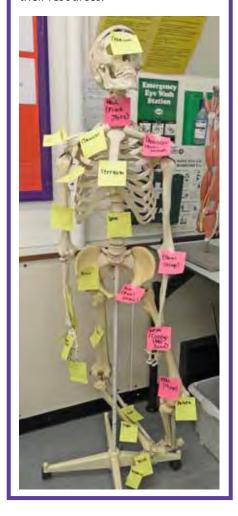
Cheerleading Success

Congratulations to Victoria in Year 11 who competed with her team at ICC Southerns where they won their Senior Level 3 division and were awarded Grand Champions for the highest level 3 score across several age divisions.

Two weeks later she competed again at Legacy Just Believe at the Copperbox Arena in London, where her team won their division and were again awarded the Grand Champions.

GCSE PE

In GCSE PE this week we have been revising the names of the bones and types of joints that enable movement in PE. Many thanks to the science department for sharing their resources!





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Old Palace of John Whitgift School

